## PRAYER | BLESS THE FOOD

Father, we are grateful for this food; We ask that You would bless it. We thank You that You satisfy our mouths with good things so that our youth is renewed like the eagles and according to Mark 16, if we eat any deadly thing, it will not hurt us.

Exodus 23 says that if we serve You, You will bless our bread and water and take sickness away from the midst of us.

We serve You Father, You are our Lord....and we receive this blessing today. In Jesus name we pray ~ Amen