

PRAYER | A MARRIAGE PRAYER FOR MY WIFE

Father, I come to you in the name of Jesus. Thank You, Father that you love me and want to heal me. I lay down my pride ~ pride that I have to be right in this marriage ~ that my needs must be met first. I am first and foremost Your son. I belong to You. As much as I love _____ You are first in my life. If my heart has become hardened that I can no longer let love flow unconditionally without expectations, then... I am filled with pride ~ requiring that this marriage be healed with conditions attached.

Father, there is no intimacy, & conversation left within me. Everything I am feeling, You have already felt. All I have experienced in my life ~ loneliness and loss ~ rejection and pain... You have already bore them for me, yet I have refused to let them go, and now... resentment and pride have found their way into my heart.

_____ has asked for years that I return to her, yet I have moved further away, whether intentional or not, I have refused her. My arms no longer reach to console her; they have stopped reaching. I have become bitter toward my wife and rejected her. Your Word says that **“husbands and wives are not to deprive each other except at times of mutual consent for fasting and prayer.”** ^{1 Cor 7:5} I have not obeyed this.

Please forgive me. I have at times pointed the finger at _____ and purposefully withdrawn from her, when the finger should have been pointed at me; for I am the head of this home. I take responsibility for this. Please change my heart to conform to Yours. I can no longer do this without You healing my brokenness. Please heal us. Heal me.

Father, I miss the arms of _____; I miss love and tenderness. I miss her joy and the way she speaks life into our relationship. I need her friendship, her closeness and intimacy. I need her words of hope without feeling remorse or regret. The closeness we once shared has been missing for years and I am asking that you rekindle the love and passion in my heart towards her. Erase the past words that have been spoken that have attached themselves to my soul, and remove my rejection from _____ heart so that she can heal.

Father, I cannot change my wife, only you can. She was yours before she was mine. So today, I open the door to my heart, (literally open the door and remove _____) Jesus, I hold _____ up to You. Please hold her; please heal her; please help me to see _____ through Your eyes, and love her with no conditions.

Love is a decision, respect is a choice. And as of today, I choose to love my wife, and receive her, not based on her performance or on any condition. If You will help me, Father... I choose to love her because it pleases You and she is Your daughter. Restore my passion for my wife. I thank You that _____ actions are motivated by her love for Jesus Christ and me. She is my friend, my wife, & my lover. Join my heart to hers. Join my body to hers. Join our lives back together as one.

In Jesus name I ask...