

## **PRAYER | PANIC AND ANXIETY PRAYER**

Father, I come to You in the name of Jesus, Your Son... I Thank You for sending me Your Word. Thank You that Your Word is Truth and Life and health and healing to all my flesh.

Father there is no one like You.... Your word says that life and death are in the power of the tongue... You said to “choose life that You and Your descendants may live.” And I choose to live... I choose to live victoriously. I choose to live as ‘more than a conqueror.’ I choose today to walk before You with a pure heart...Be Lord of my life, Jesus... Be Lord of this day... Guide me in all things... Lead me in every decision that I make today.

It is going to be a great day Father... Because You rule this day... You made this day and it belongs to You... and I am Your son/daughter... I am Your Heir and Heir to the kingdom of God. You are the source of all my needs...You supply them according to Your riches in glory by Christ Jesus... You are my Peace and Your Peace passes all understanding and keeps my heart and mind in Christ Jesus. And whatsoever things are good and perfect... just and true... honest and of good report... I will think on those things.

Thank You for Your strength that flows through me; Your healing that is mine. It belongs to me and I accept it. I surround myself this day with good things; dwelling in Your presence and feasting at Your table...I choose to have a wonderful day...

Father, I cover myself and my family with the blood of Jesus today. I ask that the Angels of God would surround me and go before me... that the Glory of God would be my rear guard. I thank You that no weapon formed against me shall prosper. Every tongue that rises against me in judgment I condemn because I am Your child and I belong to You. My Righteousness is of You.

Thank You Lord that You are my redeemer and You redeem my life from destruction. Thank You that I am under Your covering...and that because I dwell in the secret place of the most high... I abide under the shelter of the Almighty...I thank You that No evil will come nigh my dwelling... That Your Angels have been given charge to keep me in all my ways... I plead the blood of Jesus Christ on my home, car and surrounding property.

Father Thank You for who You are to me...I worship You today...I praise You and give You glory... Let Your kingdom come and Your will be done in my life today... I declare You to be Lord of life Jesus... Now and Forever Amen.

Father, I thank you that: The peace of God, that passes all understanding... keeps my heart and mind in Christ Jesus. You keep me in perfect peace because my mind is stayed on You...because I trust in You... (Isaiah 26:3)

Lord, Your word says in John 14:27 “Peace I leave with You, My peace I give to You...let not your heart be troubled neither let it be afraid.” I agree with Your word Lord...that the peace of God that passes all understanding keeps my heart and mind in Christ Jesus... and whatsoever things are good and true and honest and just... pure and of good report... I will think on those things... (Phil 4:7&8)

Your Word says in Psalms that "the angel of the Lord encamps all around those who fear You and delivers them" Thank You God that You are a delivering God and I am a worshiper of

You... I will not be afraid of sudden fear... Nor of any trouble from the wicked... for You O' Lord will be my confidence (Proverbs 3:25)

You said: Fear Not, for I am with you... Be not dismayed for I am your God...I will strengthen You... I will help You... I will uphold you with the right hand of my righteousness. (Isaiah 41:10)  
You have redeemed me... You have called me by name... I am Yours (Isaiah 43:1)

You are my rock and my fortress... You are my strength (Psalms 31) You give strength to Your people and You bless Your people with peace (Psalms 29:11)

You are my light and my salvation...whom shall I fear... You are the strength of my life of whom shall I be afraid... Though war may rise against me... of this I will be sure (Psalms 27:1). You are my strength and my shield... My heart trusts in You and I am helped. (Psalms 28:7)

If I walk through the valley of the shadow of death, I will fear no evil. For You are with me...Your word strengthens and comforts me (Psalms 23:5 and 3). You restore my soul. You are my refuge and strength, a very present help in time of trouble. Therefore, I will not fear (Psalms 46)

You said Peace I leave with You...My peace I give unto You..Not as the world gives, give I unto you... You said: Let not Your heart be troubled...neither let it be afraid. For You have not given me the spirit of fear, but of power, love and a sound mind (2 Timothy 1:7)

When the enemy comes in...like a flood, the Spirit of the Lord will lift up a standard against him. (Isaiah 59:19) Thank You Lord for being my shield and protecting me. In Isaiah it says."When I pass through the waters... You will be with me... and through the rivers...they will not overflow me when I walk through the fire, I will not be burned... for You are the Lord my God... The Holy One of Israel... My Savior" (Isaiah 43:2)

The weapons of my warfare are not carnal, but mighty through God to the pulling down of strong holds. I cast down every imagination and high thing that exalts itself against the knowledge of God and I bring into captivity every thought to the obedience of Christ. (2 Corinthians 10:4)

I thank You Father according to Matthew 18...Whatever I bind on earth is bound in Heaven and whatever I loose on earth is loosed in Heaven...

So in the name of Jesus I bind all demonic activity from me. I bind all panic and fear from my life. I bind anything gross, obscene, stupid, crazy, fearful or filthy...from my mind, soul, body, spirit, and emotions in Jesus' name as I sleep and as I am awake..and I loose peace, joy, rest, strength and contentment upon my mind, soul, body, spirit and emotions in Jesus' name.

For You have not given me the spirit of fear but of power and love and a sound mind. (2 Timothy 1:7) And You will keep me in perfect peace because my mind is stayed on You. (Isaiah 26:3) I will both lie down in peace and sleep for You alone O Lord make me dwell in safety. (Psalms 4:8)

Thank You Jesus.