## PRAYER | AGAINST STRESS AND PANIC (FULL VERSION)

Father, I come to You in the name of Jesus Your Son.... I Thank You for sending me Your word. Thank You that Your word is truth and life and health and healing to all my flesh.

Father there is no one like You.... Lord Your word says that life and death are in the power of my tongue. You said to choose life that You and Your descendants may live...... And I choose to life.... I choose to live victoriously... I choose to live more than a conqueror. I choose today to walk before You with a pure heart.... be Lord of my life.... Be Lord of this day Jesus.... Guide me in all things.... Lead me in every decision that I make today.

It is going to be a great day Father... because You rule this day... You made this day and it belongs to You.... and I am your daughter/son.... My children/family are Your heirs and heirs to the kingdom of God. You are the source of all my needs.... You supply them according to Your riches in glory by Christ Jesus.

You are my peace... Your peace passes all understanding and keeps my heart and mind in Christ Jesus. And whatsoever things are good and perfect... just and true.... Honest and of good report... I will think on those things.

Thank You for Your strength that flows through me... for Your healing that is mine.... It belongs to me.... and I accept it. I surround myself this day with good things... dwelling in Your presence and feasting at Your table.... I choose to have a wonderful day...

Father, I cover my family with the blood of Jesus today... I ask that the angels of God would surround them and go before them... that the glory of God would be their rear guard. I thank You Father that no weapon formed against me and my family shall prosper. Every tongue that rises against my family and I in judgment I condemn... because I am Your child and my family belongs to You.... Our righteousness is of You....

Thank You Lord that You are my redeemer and You have redeemed my life from destruction... Thank You that my family is under Your covering.... and that because we dwell in the secret place of the most high.... We abide under the shelter of the Almighty....(Psalms 91: 1) I thank You that no evil will come nigh my dwelling... That Your angels have been given charge to keep us in all our ways.... I plead the blood of Jesus on our home, car and surrounding property. I plead the blood of Jesus on the school my children attend.... On the busses, teachers drivers and students, on our work places and wherever we travel.

Father thank You for who You are to me..... I worship You today ... I praise You and give You glory... Let Your kingdom come and Your will be done in my life today.... I declare You to be Lord of my life, Jesus; now and forever Amen....Father I thank You that the peace of God that passes all understanding... will keep my heart and mind in Christ Jesus. I thank You... that You keep me in perfect peace because my mind is stayed on You... because I trust in You... (Isaiah 26:3)

Great is the peace of my children, for they are taught of the Lord... Isaiah 54:13 Lord, Your word says in John 14:27 Peace I leave with You, My peace I give to You... let not your heart be trouble neither let it be afraid.

I agree with Your word Lord... that the peace of God that passes all understanding keeps my heart and mind in Christ Jesus... and whatsoever things are good and true and honest and just.... pure and of good report... I will think on those things.... (Phil 4:7&8)

Your word says in Psalms that "the angel of the Lord encamps all around those who fear You and delivers them." Thank You God that You are a delivering God and I am a worshiper of You.

I will not be afraid of sudden fear.... Nor of any trouble from the wicked.... for You O' Lord will be my confidence. (Proverbs 3:25)

You said: Fear not, for I am with you.... Be not dismayed for I am your God... I will strengthen You, I will help You... I will uphold you with the right hand of my righteousness. (Isaiah 41:10)

You, have redeemed me... You have called me by name... I am Yours. (Isaiah 43:1) You are my rock and my fortress... You are my strength (Psalms 31) You give strength to Your people and You bless Your people with peace. (Psalms 29:11)

You are my light and my salvation... whom shall I fear... You are the strength of my life, of whom shall I be afraid. Though war may rise against me, of this will I be sure... (Psalms 27:1) You are my strength and my shield... My heart trusts in you and I am helped. (Psalms 28: 7)

If I walk through the valley of the shadow of death ...I will fear no evil... for You are with me.... Your word strengthens and comforts me. (Psalms 23:5 and 3) You restore my soul. You are my refuge and strength... a very present help in time of trouble... Therefore I will not fear... (Psalms 46)

You said.....Peace I leave with You... My peace I give unto You... not as the world gives, give I unto you.... You said: Let not Your heart be trouble... neither let it be afraid.... So ...Whatsoever things are Good and Perfect...and lovely and just and true... honest and of good report... I will think on those things...

For You have not given me the spirit of fear, but of power, love and a sound mind. (2 Timothy 1:7)

When the enemy comes in... like a flood, the Spirit of the Lord will lift up a standard against him... (Isaiah 59:19) Thank you Lord for being my shield.

In Isaiah it says, "When I pass through the waters... You will be with me... and through the rivers... they will not overflow me... when I walk through the fire, I will not be burned.... For You are the Lord my God... The Holy One of Israel.... My Savior.... (Isaiah 43:2)

The weapons of my warfare are not carnal... but mighty through God to the pulling down of strong holds... I cast down every imagination and high thing that exalts itself against the knowledge of God.... And I bring into captivity... every thought to the obedience of Christ.... (2 Corinthians 10:4)

I am strong in the Lord and in the power of His might... I put on the whole armor of God that I may be able to stand against the wiles (tricks) of the devil.... I put on the helmet of salvation.... and the breast plate of righteousness... I put the belt of truth around my waist and shod my feet with the preparation of the gospel of peace.... I pick up the shield of faith and the sword of the spirit which is the word of God...

I thank you Father according to Matthew 18.... whatever I bind on earth is bound in Heaven... and whatever I loose on earth is loosed in Heaven....

So In the name of Jesus I bind Satan and every demon that would try and come against me in the name of Jesus.... I bind all panic and fear from my life..... I bind anything gross, obscene, stupid, crazy or fearful... from my mind, soul, body, spirit, and emotions in Jesus name.... as I sleep and as I am awake.....and I loose peace, joy, rest, strength, contentment, good thoughts and your word upon my mind, soul, body, spirit, and emotions.... In Jesus name...

For You have not given me the spirit of fear... but of power and love and a sound mind. (2 Timothy 1:7)

And You will keep me in perfect peace whose mind is stayed on You....(Isaiah 26:3)

I will both lie down in peace and sleep for You alone O Lord make me dwell in safety. (Psalms 4:8)

Thank You Jesus.....